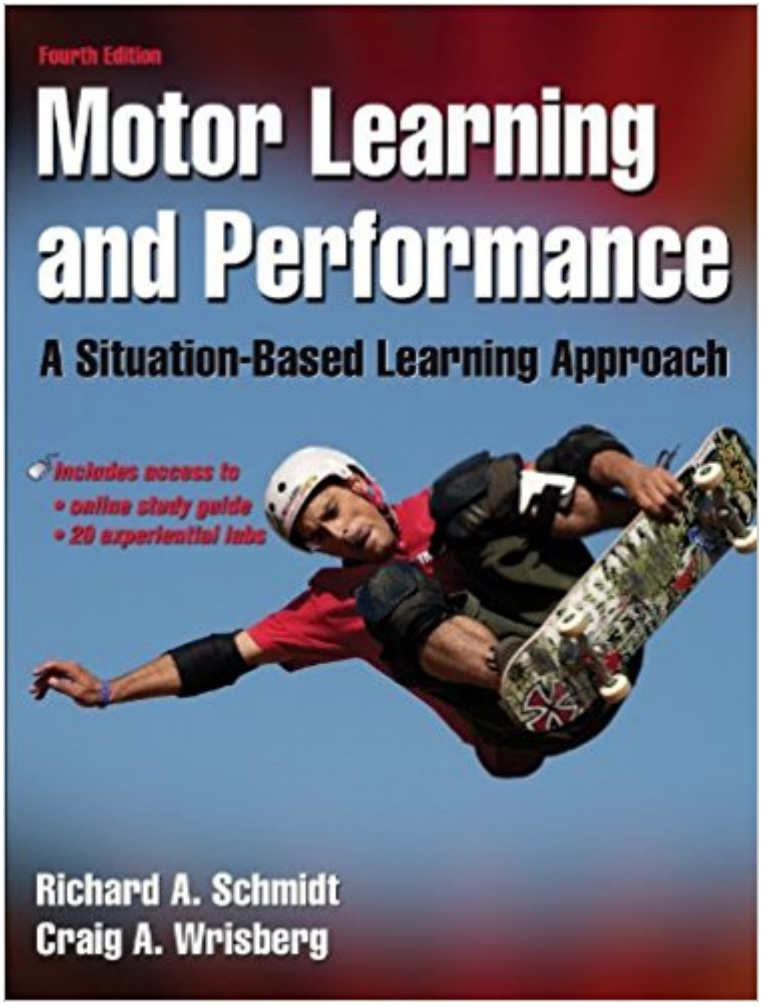
Ebook Directory
the best source of ebook

The book was found

Motor Learning And Performance With Web Study Guide - 4th Edition: A Situation-Based Learning Approach



PDF
Adobe
DOWNLOAD EBOOK

Synopsis

The student-friendly fourth edition of Motor Learning and Performance: A Situation-Based Learning Approach expands on the fundamentals of motor performance and learning, providing valuable supporting literature and current research results in an accessible and engaging format. This text goes beyond simply presenting the latest research. Instead, Schmidt and Wrisberg challenge students not only to grasp but also to apply the fundamental concepts of motor performance and learning via a unique situation-based approach. Movement practitioners using this approach continually ask three basic questions to assist people in motor learning: who (the person learning or performing), where (the context for learning or performing), and what (the task being learned or performed). By working through situation-based exercises and case studies, students learn how to ask appropriate questions, identify solutions, and support their answers with theory or research. Motor Learning and Performance: A Situation-Based Learning Approach outlines the principles of motor skill learning, develops a conceptual model of human performance, and shows students how to apply the concepts of motor learning and performance to a variety of real-world settings, including teaching, coaching, the design of performer-friendly equipment and work environments, rehabilitation, and everyday motor skill learning. Straightforward explanations of motor skill concepts and accompanying research are reinforced with both ordinary and extraordinary examples of motor skill activities, such as driving a car, playing the banjo, and mountain climbing. By applying the concepts of motor learning to familiar scenarios, the material comes alive for students, leading to better retention of information and greater interest in the application of motor performance and learning in their everyday lives and future careers.More than 76 new references, exercises, updated figures and photos, and improved chapter features make the fourth edition of Motor Learning and Performance: A Situation-Based Learning Approach the most user-friendly edition to date. Each chapter is organized to include an outline listing the major topics to be presented, objectives that alert students to key content for mastery, an opening case study that previews the content within the context of a real-life example, research highlight boxes to provide more detailed descriptions of important experiments and concepts, and a running glossary for instant definitions of terms as they are introduced in the text. In addition, the authors make the text even more reader friendly with these elements: -It Depends sections require students to identify factors that might influence motor performance and learning situations.-From Principles to Practice sections simplify self-testing of key terms by reviewing and providing exercises to apply the information to real-life situations.-Special notes with interesting facts and quotes provide supplemental information.-A summary with a compilation of important concepts wraps up each chapter.-Four additional in-depth case studies are

featured in the final chapter.New and convenient online instructor resources are also available to course adopters of this updated text. The ancillary materials include an expanded instructor guide with chapter summary notes and additional situation-based exercises for class discussion, a presentation package of PowerPoint slides for lectures, and a test bank. Motor Learning and Performance: A Situation-Based Learning Approach, Fourth Edition, continues to combine a conceptual model of human performance with a situation-based learning approach, making comprehension of the principles of motor performance and learning accessible even for readers with little or no knowledge of physiology, psychology, statistical methods, and other basic sciences. In combination with the additional instructor resources and new online student study guide with lab activities, this text will help gradually shift responsibility for learning and applying the information to the student and discourage memorization and regurgitation. There is no better introduction to the fascinating field of motor learning and its many applications in the real world. Includes an online study guide! To assist students using the text, Motor Learning and Performance, Fourth Edition, has a companion online student study guide with lab activities that bring the material to life for students. Students will receive free access to the study guide with the purchase of a new text, or it may be purchased as a separate component. The online study guide will help students understand and apply theories and research findings with the following tools:-Key concepts, key terms, and review questions for each chapter-Situation-based exercises to solve, each with two different student responses, an evaluation of each response, and a challenge for students to provide their own responses to the exercise on the worksheet template provided (30 total)-Practical laboratory activities, with chapter-related questions, examples, tables, and other relevant learning activities that may be printed out and handed in (20 total)

Download to continue reading...

Motor Learning and Performance With Web Study Guide - 4th Edition: A Situation-Based Learning Approach Accessing the Deep Web & Dark Web with Tor: How to Set Up Tor, Stay Anonymous Online, Avoid NSA Spying & Access the Deep Web & Dark Web Motor Learning and Performance-5th Edition With Web Study Guide: From Principles to Application Measurement and Evaluation in Human Performance With Web Study Guide-4th Edition Life Span Motor Development 6th Edition With Web Study Guide Learning Web Design: A Beginner's Guide to HTML, CSS, JavaScript, and Web Graphics 2018 Rand McNally Deluxe Motor Carriers' Road Atlas (Rand Mcnally Motor Carriers' Road Atlas Deluxe Edition) Busy Toddler, Happy Mom: Over 280 Activities to Engage your Toddler in Small Motor and Gross Motor Activities, Crafts, Language Development and Sensory Play Measurement and Evaluation in Human Performance With Web Study Guide 5th

Edition Fine Motor Fun: Hundreds of Developmentally Age-Appropriate Activities Designed to Improve Fine Motor Skills (Key Education) Checkered Flag Cheater: A Motor Novel (Motor Novels) Motor Learning and Performance, 5E Life Span Motor Development With Web Resource-5th Edition Sport Marketing 4th Edition With Web Study Guide Introduction to Kinesiology With Web Study Guide-4th Edition: Studying Physical Activity Handbook of Biblical Hebrew: An Inductive Approach Based on the Hebrew Text of Esther (An Inductive Approach Based on the Hebrew Text of Esther, 2 Vols. in 1) Difficult Decisions in Vascular Surgery: An Evidence-Based Approach (Difficult Decisions in Surgery: An Evidence-Based Approach) Steve's Web Operation: Stay Safe Online & Lucy's Web: Omnibus Edition The Tangled Web: A Guide to Securing Modern Web Applications Performance-Based Medicine: Creating the High Performance Network to Optimize Managed Care Relationships

Contact Us

DMCA

Privacy

FAQ & Help